

Key Data Points from 2019 Milliman Report

Inpatient MH/SUD* treatment occurs out-of-network **5 times** more often than inpatient medical care.

Outpatient MH/SUD treatment is more than **6 times** as likely to be out-of-network than outpatient medical care.

Out-of-network disparities between MH/SUD and other medical care have grown across all service areas.

Despite the ongoing opioid and suicide crises, only **\$1** in every **\$100** spent on healthcare is for substance use disorder treatment. Only **\$1** in every **\$25** is for MH/SUD combined.

Delaware

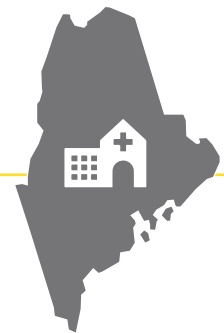
(one of the highest drug overdose rates)



Inpatient MH/SUD treatment:
Approximately **29 times** more likely to be out-of-network than inpatient medical care.

Maine

(suicide rate far above the national average)



Inpatient MH/SUD treatment:
Approximately **38 times** more likely to be out-of-network than inpatient medical care.

*MH/SUD = Mental Health / Substance Use Disorder

Key Data Points from 2019 Milliman Report Cont...

MH/SUD Reimbursement Rates Vs. Other Medical Reimbursement Rates

- The disparity between MH/SUD and other medical providers continues to grow.
- Primary care providers were paid **24%** more than MH/SUD providers for office visits.
- In 11 states, primary care office visits were reimbursed more than **50%** higher than MH/SUD office visits.

States with Highest Proportion of Behavioral Out-of-Network Use for Inpatient Facilities (PPO Plans)

